



## AT HOME AFTER SURGERY



We suggest that you eat lightly for the first 24 hours after your procedure. Be sure to follow any specific post-operative instructions your physician gives you regarding diet, rest, activities and medication. **Allisonville Outpatient Surgery Center** will provide you with a written summary of these instructions. In addition, a nurse will call you the day after surgery to see how you are doing. Patients who have had surgery on Friday may not receive a follow up call until Monday. If we are unable to reach you within 72 – 96 hours with at least two phone call attempts, we will mail a letter requesting you contact us. Please remember to complete and return your post-operative patient survey questionnaire emailed to you after your surgery. Your comments and grading are reviewed by a third party who will not share your name with us unless you specifically request they do so.

Dizziness and nausea are normal after receiving anesthetic – you should wait 24 hours after returning home before you:

**Drive or operate equipment**

**Eat a large meal**

**Consume alcoholic beverages**

**Sign important papers**

**Take medication not approved by your physician**

**Stay at home alone**